

April Volume 48 2023 Issue 1

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N S A F

Celebrating 50 Years

INDIAN SCHOOLS ALUMNI AND FRIENDS NEWSLETTER

YEAR 2022 IN REVIEW: INSAF DONORS MAKE \$393K POSSIBLE FOR PROJECTS

Although 2022 was not another record-setting year for project effort as was 2021, the project effort was our 2nd best ever. beating the then record project effort in 2020. Congratulations to all the donors and the Project Leaders for this achievement.

The total project effort in 2022 was \$393,346, an 18% decrease from the Year 2021 (Ref. Page 3). A significant number of INSAF members and non-members joined to donate to the various projects implemented during 2022 (Ref. Page 2).

Page 5 has our "Project Honor Roll" for 2022, which shows the actual grants for specific projects. The *number* of projects which indicates "breadth" was 28, upper end of the range of 20-29 seen in recent years. The *median* amount per project can be taken as an indicator of depth in a given year. The median dollars per project in Yr. 2021 was \$2,000, near the lower end of the range of \$1,800-2,900 in recent years.

The impressive level of project support in 2022 was possible due to the exceptional leadership by 3 Project Leaders and the generosity of their friends and families. Their 3 programs covered 68% of the total project grants by INSAF during 2022. The three Project Leaders are Sh. Joginder Kundra, Sh. Anop/Chandra Vora, and Sh. Ramesh Patel (Ref. Page 5).

Of course, each project is unique in how it makes a difference, and top level financial numbers provide only a partial perspective. Please reach out to learn more about any of the projects on Page 5 or Page 8. This and other INSAF Newsletters also try to provide some details on how our colleagues are giving back.

Generalized Description for Types of Projects Supported in 2022

- Expansion of an Eye Care Hospital and free eye surgeries for the poor
- Financial capacity building for aid for education, medical, or poverty relief
- Support for education of tribal children or disadvantaged urban children
- Pre-school education of children from disadvantaged families
- College education of young women from disadvantaged families
- Care of the environment and support of nomadic families
- Support of women's self-help groups
- Community health and medical services
- Welfare of animals

More Highlights:

- 50th Anniversary (Page 3)
- Warm welcome to new members (Page 2).
- Urgent appeal for Volunteers (Page 3)

Please note INSAF volunteers allow grants at the recommendation of the INSAF Project Leaders in 100% of the amount donated to INSAF for any given cause.

MANY THANKS IN APPRECIATION FOR PROJECT CONTRIBUTIONS

Warm thanks to the following for their generous project contributions during 2022. Non-member donors please consider joining INSAF. Please forgive any spelling errors — however, please do point them out via an e-mail so appropriate corrections can be made for the future.

- Agarwal, Sh. Amol
- Bar, Ms. Vandna
- Baral, Sh. Asok
- Bhatt, Sh. Pratap Singh
- Blue Leaf Technology (Sh. Uday Patel)
- Cariappa, Sh. Arun & Ms. Padma Tatta (Bank of America)
- Chandra, Sh. Subash & Ms. Manorma (Village Hope Foundation)
- Chokhani, Dr. Santosh
- Chotani, Dr. Gopal & Ms. Shibani Ghosh
- Delory, Sh. Kashmiri & Ms. Avinash (Fidelity)
- Dhanlaxmi, Sh. Jai
- Gandhi, Avni (and Benevity & Fidelity)
- Gandhi, Sh. Dinesh
- Johar, Ms. Archana
- Kanianthra, Chandy
- Kapur, Ms. Sudesh
- Kasad, Dr. Homei
- Kotresha, Sh. Neelkantappa & Ms. Michele
- Kumar, Ms. Kusum Vinod
- Kundra, Sh. Joginder & Ms. Meera
- Maheshwary, Mr. Suneer & Ms. Laura (Benevity)
- Maheswari, Sh. Shyam
- Malhotra, Sh. PK & Ms. Suresh
- Marathé, Ms. Aruna
- Modi, Sh. Naresh
- Mehta, Sh. Dharmesh & Ami (Fidelity)
- Molina, Ms. Delia
- Namhata, Sh. Sarada & Ms. Tapasi Ray
- Nanavati, Dr. Mahendra & Ms. Jyoti
- Pacific Inn
- Paliwal, Sh. Rajeev & Ms. Saloni Mavani
- Parikh, Jagruti & Ms. Nishi
- Patel, Sh. Mahendra (Manu Patel Trust)
- Patel, Sh. Ramesh & Ms. Jyoti
- Patel, Sh. Suresh (VSBV, Inc dba Super 8 Motel NPB)
- Patira, Sh. Ashish
- Piper, Mr. Nathan
- Prabhakar, Mr. Babu
- Prasad, Sh. Keshaw & Ms. Saroj

- Ram, Sh. Mani
- S. Viswanathan/J Mani
- Sachdev, Dr. Ashok & Ms. Usha
- Samanta, Sh. Pranab & Ms. Ananya
- Sarma, Sh. Gullappalli
- Sehgal Foundation (Sh. Jay Segal)
- Shah, Sh. Jayprakash
- Shah, Sh. Mukulesh & Ms. Upma (Upma Enterprises)
- Shah, Sh. Suken & Ms. Daksha
- Sharma, Dr. Bhav & Ms. Kaye
- Shetty, Dr. Jay & Ms. Shashi
- Shiv Shambhu, Sh. Jai
- Shrivastav, Dr. Manoj & Ms. Maneesha
- Singh, Sh. Amerjit (Singh Cares Foundation)
- Sita Foundation (Ullal)
- Sra, Ms. Anita (Fidelity)
- Sudershan, Sh. Keshava & Ms. Anupama
- Sundararajan, Mr. J.P. & Mrs. R.P. Valarmathy (Fidelity)
- Super 8 Eureka Sama Hospitality
- Taneja, Sh. Chander Kanta
- Town House Motel
- Varas, Ms. Neelam Patel
- Vora, Sh. Anop & Ms. Renuka
- Vora , Sh. Chandra & Ms. Nisha (& Benevity)
- Vora, Sh. Neel & Ms. Meera (Fidelity, Goldman Sachs)
- Vora, Sh. Robin

WARM WELCOME

A very warm welcome to our new Life Members in 2022-23:

♦ Sh, Amol Agarwal,

Redmond, WA

♦ Sh. Vivek & Ms. Mohini Chandra

Henrico, VA

♦ Sh. Sarada & Ms. Tapasi Ray Namhata

Ambler, PA

♦ Sh. Amerjit Singh

Reunion, FL

♦ Sh. Chandra & Ms. Nisha C. Vora

Northborough, MA

All members are requested to write with any comments or questions to insafusa.operations@insafweb.org regarding any of the INSAF projects, or any INSAF Newsletter, or if you might like any assistance with starting a new project.

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ANNUAL FINANCIALS: We continue our tradition of 46 years of a timely report on our finances — thanks to the efforts of our 2022 VP Finance **Dr. A.J. Poulose**. Thanks are also due to 2022 VP Communications **Ms. Padmashri Lad** for performing the internal audit this year. Members are encouraged to write to the Newsletter Editor with any comments or questions on these Financials.

	2022		2021	202	0
Opening Balance Jan 1	227,555.94		263,169.10	292,752.13	
	-				
Receipts	458,289.91		443,622.99	337,918.39	
Membership Dues & General Contributions	3	44.04	300.00		450.00
Project Contributions/Other	457,7	41.55	443,102.87		337,105.94
Interest Income	2	04.22	220.12		362.45
Expenditures	393,345.68		479,236.15	367,501.42	
Projects & Related Expenses	393,0	17.60	477,944.60		367,125.55
Other Website, Banks, Fees	3	28.08	1,291.55		375.87
Closing Balance Dec 31	292,500.17		227,555.94	263,169.10	

INSAF 50th ANNIVERSARY IN 2023

Thanks to all the generous donors and many dedicated long-time volunteer leaders, INSAF is celebrating 50 years of operations in 2023.

The best way to celebrate may be by donating to a cause close to your heart (please see Page 7 for ideas). There are several ways to donate — online and offline. Please visit insafweb.org and, on the main menu on the home page, look for a tab named "Donate". Details on how to donate via check, or via ACH, or via PayPal are available under the "Donate" tab.

Where applicable, donors may take advantage of employer matching to supplement the funds for the cause they wish to support.

A special 50th anniversary edition of the Newsletter is planned for early Fall of this year.

Want to know about a Project Not Covered in this issue?

You might wish to check out the November 2022 Newsletter available at INSAFWEB.ORG for updates on the following projects: The Kanchan Foundation, Nanritam, Divya Deepa/Kaliyuva Mane, Malvi Education Trust, Ruchika, Sodhana, VSSM, BKC, Animal Welfare, and a few others.

To know about a project not covered in this or the Nov. 2022 Newsletter, please feel free to write to the Editor.

URGENT APPEAL FOR VOLUNTEERS

Due to the imminent retirement of several key worker volunteers, INSAF has an urgent need for volunteers who are a decade or more from their own full retirement. An overlap of new and retiring volunteers is believed to be necessary for a smooth transition of INSAF operations.

Volunteers need to be able to offer a few hours per week (although not every week of the year).

One or more of the following skills in the following areas would be useful to have:

- Accounting
- IT/Computers
- Written communication

Please note the above skills are not necessarily required; the retiring volunteers will be happy to help you learn. Please drop a note to the Editor at sharma7336@gmail .com for further discussions.

If your own real retirement is a decade or mor e away, then please come forward and help ensure that INSAF is able to celebrate its 60th or 65th anniversaries in the future while you help others give back to their worthy causes. This volunteer service is assured to be a fulfilling one.

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Second of 6 Sponsored Children Graduates from College

Five INSAF families have been supporting 6 children for about a decade at the SOS Childrens Village location in Rajpura, Punjab [Ms. Sudesh Kapur, Sh. Joginder & Ms. Meera Kundra, Dr. Raj & Ms. Padmashri Lad, Dr. Ashok & Ms Usha Sachdev, Dr. Bhav & Ms. Kaye Sharma].

In 2019, Bharti became the first success story when she graduated with a Bachelors in Computer Applications.

We are pleased to report that in 2022, Shalini became the second success story when she graduated with a B.Sc. Degree in Hospitality & Hotel Administration.



Shailini, B.Sc. In Hospitality & Hotel Administration (2022)

Early in 2023, we came to know that the Child Welfare Committee at SOS Childrens had approved a request by the father of another child, Krish, who was in college in a B.A. program, for Krish to be returned to his father's home. Thus, Shalini;s graduation and Krish's departure left 4 children in our program.

In February, the INSAF Donor Team made two decisions for this program:

- Raise the annual per child amount from \$160 to \$355, a level considered to be "educational sponsorship" by the SOS Childrens Village organization.
- Add two new children: Amandeep Kaur (8) and Parambir Kaur (10)

This keeps the total number of children at 6. Both the new children are expected to complete their 2nd grade during the 2022-23 academic year.

As a result of these decisions, an INSAF grant of \$2,130 has been sent recently to the SOS Childrens Village.

INSAF Donors Fund Plastic Surgeries for the Poor

With the leadership of Project Leader Sh. Ramesh Patel, a grant of \$4,000 was made to AIM for Seva, which runs a not-for-profit hospital at Shamlaji in district Arvalli of Gujarat under a public-private partnership with the government of Gujarat. The hospital provides free services to the poor tribal population of Shamlaji area.

A plastic surgery camp for the needy was held by the Shamlaji hospital on Dec 10-11, 2022. A few photos from the camp, including that of a banner crediting INSAF, are shown below.



A banner at the surgery camp references INSAF





Two the Many Families Benefitting from the Surgery Camp

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28 PROJECTS IN 2022 HONOR ROLL

Our Project Honor Roll for the year 2022 is presented here to share the specific projects and their respective funding. Congratulations to each of the contributors to these projects and the Project Leaders. We know that your efforts to "give back" will make a much needed difference.

Our collective total number of projects (an indication of breadth) was 28, including 2 which are unlikely to repeat. Total projects have ranged in 20-29 in recent years. The projects spanned 13 states/territories of India. The median amount (an indication of depth) was \$2,000 — relative to \$2,900 last year.

Photos and documents shared by Project Leaders via e-mail from the project site are really appreciated. Those not only help with the Newsletter, but such materials also fulfill a critical due diligence requirement for INSAF as a registered 501c3 tax exempt nonprofit with the IRS. This allows contributions to INSAF as fully tax deductible. Since INSAF is subject to an audit, documents which show how the funds were utilized by the recipient are important. Due diligence besides being an IRS requirement is also an INSAF goal. Thank you Project Leaders.

Rank Y22	Rank Y21	PROJECT	2022 \$ Level
1	1	Nanritam, Purulia, W. Bengal	107,400
2	4	Malvi Charitable Trust School, Gujarat	84,011
3	2	Kanchan Foundation, Ahmedabad, Guj.	74,492
4	_	Consumer Voice, New Delhi	25,100
5	5	Calcutta Rescue, Kolkata, W. Bengal	20,000
6	7	SODHANA programs — Chipurupalli, A.P.	16,800
7	_	Banwasi Kanya Chhatrawas, Uttarakhand	16,500
8	16	Divya Deepa Kaliyuva Mane, Mysore, Karnataka	9,500
9	3	Rotary Eye Institute, Navsari, Gujarat (Indirect)	7,255
10	_	Vicharta Samuday Samarthan Manch (VSSM), Ahmedabad, Gujarat	5,750
11	14	Ruchika-INSAF Education Centers, Odisha	4,840
12	_	AIM for Seva, Shamlaji, Gujarat	4,000
13	13	Balabhavan—College Student Support, Paduapuram, Kerala	3,000
14a	10a	Action Res in Community Health, Gujarat	2,000
14b	_	Suprabhat Mahila Mandal, Pune, MAHA.	2,000

	Rank Y22	Rank Y21	PROJECT	2022 \$ Level
	16	_	Lions Club Charitable Eye Hospital, Jallandhar, Punjab	1,250
	17	_	Ekal Vidyalaya USA	1,000
	18	17b	Makunda Christian Hospital, Assam	1,000
	19	8	Sankara Eye Foundation, USA Office	1,000
	20	_	SOS Childrens Village, Rajpura, Punjab	970
	21	20	Sh. R. Adhyatmik Sadhana Kendra, Koba, Gandhinagar, Gujarat	800
	22	_	Jyoti Sarup Kanya Asra, Kharar, Punjab	750
	23	_	Feeding India, NCR, Delhi	700
	24	19	Animal Aid Unlimited, Udaipur, RAJ	600
	25	_	Rashtriya Sewa Bharati for Hoshiarpur, Punjab	500
	26	_	Animal Rahat, Sangli, Maharashtra	400
71 77h		22b	RESQ Charitable Trust, Pune, Maharashtra	400
	28	_	Swami Sahib Dass Ashram Hoshiarpur, Punjab	300

Two Students Selected for the Sodhana-INSAF Post-Matric Program

The Sodhana-INSAF Post-Matric Program in Chipurupalli, Andhra Pradesh is supported by 6 INSAF Families. The program supports college education for bright students from poor families to try to help them exit poverty.

In 2022, Ms. Hima Varshini and Mr. Srinivasa Rao were selected for the program under which their Class 11 and beyond education in area colleges will be supported.





Ms. Hima Varshini

Mr. Srinivasa Rao

Ms. Jhansi, the first success of this program, has successfully completed her training at Wipro, and has been posted at Coimbatore TN. The program has helped 10 students so far (6 girls, 4 boys) with guidance and financial support.

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INSAF Donors Help Fund Free Eye Surgeries

Thanks to the sponsorship of INSAF Members Dr. Ashok and Mrs. Usha Sachdev, an INSAF grant of \$1,250 was made in 2022 to help fund a camp for free eye surgeries through the Lions Club Eye Charitable Hospital, Adampur Doaba, near Jallandhar, Punjab. Ashok ji is also a former Board Member of INSAF.

The INSAF grant went toward the support of an eye surgery camp which was organized by the Lions Club at Adampur Doaba in November 2022. Over a period of 10 days, 966 patients were operated upon without charge.

A poster and a photo from the event follow below.



A Board Announcing the Free Eye Operation Camp



Patients at the Free Eye Surgery Camp near Jallandhar Punjab

INSAF Sponsored Student nears B.Sc. Nursing

A few INSAF families [Sh. Arun and Ms. Padma Tatta Cariappa, Dr. Santosh Chokhani, Dr. Raj & Ms. Padmashri Lad, Dr. Bhav & Ms. Kaye Sharma] have been supporting one or two students in Kerala for their B.Sc. Nursing studies in one of the private Nursing colleges there.

The latest news is that our sponsored student Aleena is expected to take her final exams in April-May 2023. She is a good student and we now consider Aleena as having graduated from our program.



Aleena outside one of her college classrooms (2023)

Starting last year, the INSAF Team agreed to support another student, Ms. Sivani Rajan, for her B.Sc. Nursing studies at a different private college.



Sivani at her Nursing College in Dec. 2022

An INSAF grant of \$3,000 was sent to the Sisters of Nazareth in Kerala for the support of Sivani's first year, as well as some additional support for Aleena and another student Ashma, who was finishing her Bachelors in Vocational Studies at the end of 2022.

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2023 CONTRIBUTIONS

Here is a menu of project types for you to consider for your 2023 contribution. Broadly, INSAF projects are in the areas of education, community development, and community service. Please see Page 8 for specific recent projects. Please print the sheet below, mark your choice(s) and enter the tax-deductible dollar figure you would like to contribute. Don't see a cause you would rather support? Feel free to start something new for your idea with a contribution, and one of the INSAF colleagues will be in touch with you.

	Your Choice	Your 2023 Contribution	Type of Project	Additional Information		
1		\$	Community Development	Build some durable facility or service of long- term recurring value to a community		
2		A \$ B \$ C \$	Education A. Teacher Staff Support B. Sponsor a specific student C. Grant to a school for scholarships, books or incentive awards	Respective examples: Stipend for volunteers at a school Help a specific student from a poor family or at an orphanage (several years commitment) Make a grant to a school for operations or tuition/books/scholarship for students as an incentive to perform better or to award a		
3		\$	Community and Health Services	Fund needed services for the poor		
4		\$	Women's Empowerment	Fund some program which aims to help women		
5		\$	Literacy Improvement	Fund efforts to increase literacy		
6		\$	Hunger Alleviation	Fund food services for the poor		
7		\$	Animal Welfare	Grant funds for care of stray animals in major urban centers		
8		\$		Start a new project based on your idea. Please describe your idea in an e-mail to:		
	Membership Contribution: □ \$150/Couple Life-Membership □ \$100/Single Life-Membership □ \$15/Couple or \$10/Single Annual-Membership NAME(S) & ADDRESS					
			PHONE_	E-MAIL		
10	TOTAL TAX DEDUCTIBLE CONTRIBUTION (payable to INSAF):					
	Federal Tax ID # 23-7338355. Please mail your check and this sheet (or e-mail the requested information to Insafusa.Operations@insafweb.org) to the address below:					

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Ms. Padmashri Lad, INSAF V. P. Communications, 137 Seagate Drive, San Mateo, CA 94403

INSAF PROJECTS: Recent projects and Leaders/Coordinators are listed below. More information may be obtained through the Editor. Kindly do let the Editor know of any errors and omissions including any corrections to the listings.

- Adivasi Unnati Mandal, Mumbai [Community Service]
 Dr. Mahendra & Ms. Jyoti Nanavati
- AIM for SEVA USA [Education],
 Sh. Ramesh & Ms. Jyoti Patel
- Animal Aid Unlimited, Udaipur, Rajasthan and Animal Rahat, Sangli, Maharashtra [Animal Welfare]
 Ms. Aruna Marathé
- ARCH Action Res. In Community Health & Dev,,
 Gujarat [Community Service] Sh. Ramesh & Ms. Jyoti
 Patel
- Balabhavan Nazareth Student Support, Paduapuram, Kerala [College Education of Specific Youth]: Sh. Arun & Ms. Padma Tatta Cariappa, Dr. Santosh Chokhani, Sh. Joginder & Ms. Meera Kundra, Dr. Raj & Ms. Padmashri Lad, Dr. A.J. & Ms. Thankamma Poulose, Dr. Bhav & Ms. Kaye Sharma
- Banwasi (Vanvasi) Kanya Chhatrawas, Rudrapur (Udham Singh Nagar), Uttarakhand [Community Dev]
 Ms. Anita Sra and Sh. Amol Agarwal
- Calcutta Rescue, Kolkata, W. Bengal [Community Dev]
 Sh. Asok Baral, Sh. Joginder Kundra, and Friends
- Consumer Voice, Lajpat Nagar, New Delhi [Community Dev] Sh. Arun & Ms. Padma Tatta Cariappa
- Dardionu Rahat Fund, Ahmedabad [Community Service]

Dr. Mahendra & Ms. Jyoti Nanavati

- Dardi Sahayak, Ahmedabad [Community Service]
 Dr. Mahendra & Ms. Jyoti Nanavati
- Divya Deepa Charitable Trust, Mysore, Karnataka
 [Community Dev & Education] Dr. P. Harshavardhana,
 Sh. Joginder Kundra, and Friends
- **Ekal Vidyalay [Literacy]** Sh. Joginder & Ms. Meera Kundra
- Feeding India, New Delhi [Community Service]
 Ms. Sudesh Kapur family and friends
- Jain Swetamber M.V. Mitra Sangh, Ahmedabad,
 Gujarat [Community Service] Dr. Mahendra & Ms. Jyoti
 Nanavati,
 Sh. Pankaj & Ms. Rupa Nanavati
- Kanchan Foundation, Bhavnagar, Gujarat [Community Service] Dr. Anop & Ms. Renuka Vora Families
- Makunda Christian Leprosy & General Hospital,
 Karimganj, Assam [Community Service] Mr. Jesudas P.
 Sundararajan & Mrs. Rajasingh P. Valarmathy

- Malvi Educational & Charitable Trust/Shantaba Vidyalay, Kukeri, Gujarat [Education]
 Sh. Ramesh & Ms. Jyoti Patel
- Manav Kalyan Trust, Navsari, Gujarat [Community Service] Dr. Mahendra & Ms. Jyoti Nanavati, Sh. Pankaj & Ms. Rupa Nanavati,
- Nanritam, Purulia, and Nanritam Tumsong Village,
 W. Bengal [Community Dev]
 Sh. Joginder & Ms. Meera Kundra, and Friends
- Panjab University, Chandigarh [Motivation of
- **Students]**Chem. Eng. Class of 1969 Alumni & Bibi Amrit Kaur

Chem. Eng. Class of 1969 Alumni & Bibi Amrit Kaur Scholarships c/o Dr. Bhav Sharma/Sh. Pritinder Singh Arora

- Sh. Raj. Adhyatmik Sadhana Kendra, Koba, Gujarat [Community Service] Dr. Mahendra & Ms. Jyoti Nanavati, Dr. Bipin & Ms. Kalpana Shah
- RESQ Charitable Trust, Pune [Animal Welfare]
 Ms. Aruna Marathé
- Ruchika-INSAF Platform School, Bhubaneswar & Education Center, Paradeep, Odisha [Education]
 8 INSAF Families & the India X Peace Corps Group c/o Bhay & Kaye
- Sankara Eye Foundation, USA [Eye Care Services]
 Sh. Joginder & Ms. Meera Kundra
- Seva Bharti, Abohar, Punjab [Community Service]
 Sh. P.K. & Ms. Suresh Malhotra & Family and Friends
- SODHANA Ramalingapuram, P'valasa A.P. [Community Dev, Women's Empowerment,& Education] Dr. Santosh Chokhani, Dr. Gopal & Ms. Shibani Ghose Chotani, Sh. Joginder & Ms. Meera Kundra, Dr. Raj & Ms. Padmashri Lad, Dr. AJ & Ms. Thankamma Poulose, Dr. Jay & Ms. Shashi Shetty, Dr. Manoj & Ms. Maneesha Shrivastav, Dr. Bhav & Ms. Kaye Sharma
- SOS Children's Home, Rajpura, Punjab [Education of Specific Children] Ms. Sudesh Kapur, Sh. Joginder & Ms. Meera Kundra, Dr. Raj & Ms. Padmashri Lad, Dr. Ashok & Ms. Usha Sachdev with Ms. Sucheta Sachdev, Dr. Bhav & Ms. Kaye Sharma
- S.D. Girls Sr. Sec. School, Hoshiarpur, Punjab [Education]

Sh. Surinder & Ms. Nirmal Maheshwary & Family

VSSM (Vicharta Samuday Samarthan Manch),
 Ahmedabad, Gujarat [Community Service],
 Sh. Chandra Vora, Friends and Family

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